## Wash Germs Down the Drain!

## How to Wash Properly:

- Get a paper towel ready first, so you don't have to touch anything dirty after you wash.
- Wet your hands with warm water.
- Use lots of soap, scrub well, and wash between your fingers and under your nails where germs can hide.
- Wash for a count of 20 or long enough to sing "Row, Row, Row Your Boat."
- Rinse well with warm water.
- Dry your hands with a clean paper towel.
- Use the paper towel to turn off the water and open the bathroom door.

Remind your friends and family to wash their hands to help keep everyone healthy.

